

# Mental Health & Social Services For NYC Youth

## Helpful Phone Numbers & Hotlines

AIDS Hotline NYC  
212-614-5552

Child Abuse Reporting NYS  
800-637-1522

Children's Single Point of  
Access (CSPOA)  
888-277-6258

Coordinated Children's  
Service Initiate  
212-920-5334

Crime Victim's Board  
212-577-7777

Domestic Violence Hotline  
800-621-4673

Drug Abuse Hotline  
800-522-5353

Food and Hunger Hotline  
212-533-6100

Immigrant Hotline (NYC)  
718-899-4000

LifeNet  
800-LIFENET  
Spanish  
877-298-3373

Asian  
877-990-8585  
Deaf/Hearing Impaired  
212-982-5284

NYC DYCD Youthline  
800-246-4646

Rape & Sexual Assault  
212-227-3000

Runaway Hotline  
212-619-6984

Teen Pregnancy Hotline  
(PCAP)  
800-522-5006



- Toll-free and confidential Mental Health Information and Referral Line with access to Mobile Crisis Team
- Staffed by trained Social Workers 24 hours, 7 days per week, 365 days per year
- **1-800-LIFENET** (see column for languages)
- <http://www.800lifenet.org>
- <http://www.hitesite.org>

### Mobile Crisis

- Provide evaluation and short term (3-4 sessions) mental health services to clients that either refuse or cannot go to ER's for assessments
- Will see a client in crisis within 24-48 hours of request and make 4 follow up visits
- Have the ability to facilitate hospitalization for individuals in an acute crisis (involuntary hospitalization through the court)
- There are 24 teams citywide, 17 teams have child serving capacities.
- Referrals can be made directly to Crisis Teams through **1-800-LIFENET**

### Families on the Move, Inc. (FOTM)

- Up-to-date information and State-of-the-Art care and treatment
- Support to children and youth with emotional, behavioral and/or mental health challenges and their families
- Advocacy in the public forum comprehensive, coordinated, community-based, culturally-competent and family-driven services
- Training and educational forums to increase awareness and skills.
- State-wide Resource: **212-837-7905**

### Children's Single Point of Access (CSPOA) 1-888-277-6258

- Children's SPOA is designed to improve access to intensive mental health services by creating a single point of entry to refer, link and coordinate services for family and youth who need high end services. Such services include:
  - Case management
  - Home and community based waiver
  - Children's ACT team
  - Community residence
  - Family based treatment

### Parent's Resource Center

- Provide Parent-to-Parent Support
- Specially trained staff who are aware of problems families have in raising children with emotional/behavioral difficulties.
- Provide education, support and advocacy to parents
- There is one Parent Resource Center in each borough:
  - **Manhattan:** Janet Rosa, 212-410-1798
  - **Bronx:** Wanda Greene, 718-220-0456ext. 226
  - **Queens:** Lorraine Jacobs, 718-651-1960
  - **Brooklyn:** Terri Johnson, 718-290-8100 ext. 141
  - **Staten Island:** Deborah Miller, 718-698-5307

### Office of Safety First 718-543-7233

Follow-up resource if you are concerned about the progress of a child protective investigation or have an ongoing safety concern related to a case that you called into the State Central Register.

More information about school-based support for mental and behavioral health, contact:

**Scott Bloom, LCSW,**  
Director of School Mental Health Services  
[SBloom5@schools.nyc.gov](mailto:SBloom5@schools.nyc.gov) or **212-374-6846**

## ADOLESCENT SKILL CENTER LOCATIONS

### Bronx:

Mental Health Assoc. of NYC (MHA)

- Career Development Center: 718-742-6181 (14-18 years old)
- Adolescent Skills Center South: 718-292-7800 (16-21 years old)
- Adolescent Skills Center West: 718-329-8796 (16-21 years old)

Riverdale Mental Health Assoc.

- Bronx WAVE (Work, Achievement, Values & Education) (17-24 years) Handle It! Career Program (17-24 years) 718-432-8099

### BROOKLYN:

Brooklyn Bureau of Community Service

- Adolescent Employment & Education Program (16-21 years): 718-566-0305

### MANHATTAN:

International Center for Disabled (ICD)

- Youth Employment Services: 212-585-6043

### QUEENS:

The Child Center of NY

- JobNet Youth Program (16-21 years): 718-206-9670

PSCH, Inc

- Adolescent Skills Center (16-21 years): 718-762-3834

### STATEN ISLAND

Staten Island Mental Health Society

- SafeTYnet9 Youth Achieving Independence: 718-984-6218

# Resources for Youth with Mental Health and Behavior Disorders

## Adolescent Skill Centers

- Provides adolescents (15-21 years old) with emotional and behavioral disorders educational remediation, GED prep and vocational training, coaching and placement
- Provides internships and opportunities for paid employment
- Teaches adolescents life management skills such as budgeting, socialization, etc.
- Referrals to be made directly to Skill Centers (*locations on the left*)

## Online Resources & WebPages



**National Community of Practice on Collaborative School Behavioral Health** - The focus of the national community is bridging the differences across education and mental health to support youth. National organizations, state and local agencies, and technical assistance providers come together and define pressing problems in school behavioral health services. Log onto: [www.sharedwork.org](http://www.sharedwork.org)

**NYC Teen Mindspace** campaign to engage teens dealing with depression, drugs and violence, and encourages them to seek help:

[www.myspace.com/nycteen\\_mindspace](http://www.myspace.com/nycteen_mindspace).

**Department of Youth and Community Development**—Search by zip code to find after school program near your school:

- [http://www.nyc.gov/html/dycd/html/afterschool/neighborhood\\_development\\_area.shtml](http://www.nyc.gov/html/dycd/html/afterschool/neighborhood_development_area.shtml)

**School Mental Health:** provides comprehensive information for clinicians, administrators, families and students.

- <http://www.schoolmentalhealth.org>

**UCLA's Center for School Mental Health:** training materials, printable resources and a technical assistance center

- <http://smhp.psych.ucla.edu/>

**The Center for Health and Health Care in Schools:** educates on mental health in schools

- <http://www.healthinschools.org/>

**The Center for School Mental Health:** technical assistance center and resources

- <http://csmh.umaryland.edu/>

**The American Psychological Association's Help Center:** printable info for parents and educators

- <http://apahelpcenter.org/>

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